Artigos para fazer um novo paragrafo na introdução, falando sobre as características dos corredores recreacionais e diferenças entre meia maratona, 10 e 5 km.

<https://www.ncbi.nlm.nih.gov/pubmed/29242309>

<https://www.ncbi.nlm.nih.gov/pubmed/29212672>

<https://www.ncbi.nlm.nih.gov/pubmed/29138757>

<https://www.ncbi.nlm.nih.gov/pubmed/29200895>

<https://www.ncbi.nlm.nih.gov/pubmed/28504066>

<https://www.ncbi.nlm.nih.gov/pubmed/28253053>

<https://www.ncbi.nlm.nih.gov/pubmed/28187185>

Meia maratona

<https://www.ncbi.nlm.nih.gov/pubmed/28731980>

<https://www.ncbi.nlm.nih.gov/pubmed/28222581>

<https://www.ncbi.nlm.nih.gov/pubmed/29105001>

<https://www.ncbi.nlm.nih.gov/pubmed/29067854>

Analisar

<https://www.ncbi.nlm.nih.gov/pubmed/28003100>

<https://www.ncbi.nlm.nih.gov/pubmed/28732074>